

Baldwins Gate Online Safety Newsletter 2.5.2022

How safe is social media?

There are now lots of different social media platforms that your child might want to join, including sites such as Instagram and Snapchat.



These sites are used to share pictures and communicate with others. It is important to review each of these platforms to see what age you should be to access them and to set up their privacy settings. It is also important to talk about how your child should keep information private online.

Is your child ready for social media?
Have a look at the article below to look at the risks you need to consider as well as advice on how to get started.

<https://www.thinkuknow.co.uk/parents/articles/is-my-child-ready-for-social-media/>

Did you know?

47% of 3–10-year-olds own mobile phone. Therefore, it is very important to stay on top of who they socialise with and what they are doing online.

Check out the link below for more information about social media from the Internet Matters social media Hub for more help and advice.

<https://www.internetmatters.org/resources/social-media-advice-hub/>

TikTok

The NSPCC have created a news article discussing if TikTok is safe for children and provides an overview of how to keep your child safe on TikTok using their safety settings. Read the article here:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/child-safe-settings-tiktok>

TikTok have also created a Guardian's Guide designed to provide an overview of TikTok and the tools and controls available:

<https://www.tiktok.com/safety/en/guardians-guide/>

Advice for talking about going online

There can be lots of areas of life online you might want to talk with your child about. Below is some helpful information that support you with this.

Pop Ups/Adverts

When your child is playing certain games or is on social media, they may see adverts/pop up adverts. The content in these adverts may not always be appropriate to them, particularly if clicked on.

It is important to talk to your child about adverts and to think about what they are clicking on before they do. If they are unsure to either ignore them or check with a trusted adult.

For further information try the link below
<https://www.childnet.com/help-and-advice/security/pop-ups-adverts/>

World Password Day

On the 5th May 2022 it is world password day. It is important that your child understands why they should not share them and create a 'strong' password. Use the link below for advice on how to talk to your child about the importance of passwords.

<https://www.connectsafely.org/passwords/>

Online Sexual Harassment

Talking to children about online sexual harassment can be difficult which is why the Children's Commissioner have produced a guide to help you. The guide focuses on several topics that can often be difficult to talk about with our children such as body image and peer pressure.

The report suggests you should start these conversations early, introducing topics in an appropriate manner before a child is given a phone or social media account (usually 9-10). The guide is a 'starting point' and include further links to other resources.

<https://www.childrenscommissioner.gov.uk/report/talking-to-your-child-about-online-sexual-harassment-a-guide-for-parents/>

Go online together!

Games from Childline

Childline have created some online games that your children can play including arcade style games and relaxing games. You can find them here:

<https://www.childline.org.uk/toolbox/games/>

Search Engines

Parent Zone have published this article explaining what you need to know about safer searching and what you should consider. Read the article here.

<https://parentzone.org.uk/article/search-engines-what-you-need-to-know>

Apple Watch

Does your child wear an Apple watch? Do they know how to turn it to appropriate options?
-**Do not disturb mode**- turns off all alerts.
-**Theatre Mode**- enables silent mode and stops the watch display from walking when you raise your hand.

Family Setup

Family setup can be used to set up an Apple Watch for a child that does not have their own iPhone. Once set up, there is a schooltime option, which when activated displays a yellow circle on the watch to easily show that access to apps is restricted and Do Not Disturb is switched on. You can set the schedule for Schooltime on your iPhone. Find out more here:

<https://support.apple.com/en-gb/HT211782>

Talking about Online Safety



The NSPCC provide fantastic support and advice on how to start conversations with your child about online safety and where to get further help and guidance on how to be a good digital role model.

This side also includes online safety family resources such as a family quiz, which is a great way to start conversations with your child whilst making it fun!

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety>