

# Physical Education Policy

## Intent

Throughout our school we understand the importance of Physical Education and its impact upon a child's physical, cognitive and social development. We also recognise that Physical Education is a driver for academic learning throughout the curriculum. The children at Baldwins Gate are encouraged to develop their knowledge, skills and attitudes towards Physical Education building a confidence and thirst for learning in a range of physical activities. Furthermore, we strive to embed a culture in which every child reaches their potential and leaves our school with a positive relationship to physical health, activity and personal wellbeing.

Our curriculum nurtures each child's confidence by offering a variety of skills and sports, whether this is as an individual, team, co-operative or competitive environment. Every child is given an opportunity to demonstrate a range of personal qualities including: perseverance, problem solving, safety awareness and communication with others. Together with P.E lessons, our vision is to promote a curriculum which provides chances for all pupils to participate in extra-curricular sports, clubs and competitions. Daily activities that enrich the pupil's health and well-being also play a vital role in what our physical education curriculum has to offer. We aim to create active lessons across the curriculum, enhanced opportunities after school and lunch times as well as diverse extra-curricular activities are part of providing children with learning opportunities.

## Implementation

- PE at Baldwins Gate Primary School provides challenging and enjoyable learning through a range of sporting activities including; team games, gymnastics, dance, athletics, swimming and outdoor and adventure.
- The progression map sets out the PE skills which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met as children build on their skills as they work their way up the school.
- Pupils participate in two high quality PE lessons each week, covering two sporting disciplines every half term.
- Bee Active come in once a week to take Year 1 and 2 for an hour each week where class teachers gain professional development by learning new skills and ideas to teach PE.

- Two members of staff are undergoing 1:1 training in gymnastics with a Stoke City PE coach to broaden their gymnastic teaching skills and build on their confidence to teach gymnastics themselves.
- Children are invited to participate in the varied range of extra-curricular activities. In the summer term, lunch time sports clubs are available twice a week and children can attend after school sport clubs on a weekly basis.
- Children are invited to attend competitive sporting events within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.
- Each year, two children from KS2 are invited to become Sports Ambassadors for the school. They develop into sporting role models for the younger children, assisting with lunch-time clubs, our annual sports day, whole school cross country, sporting announcements in assembly and any other Sporting activities that take place and the school is involved in.
- In the spring and summer term the whole school participates in a whole school cross country.
- Children in KS2 are taken out of school for residential where they participate in a variety of sports and outdoor adventurous activities such as rock climbing, archery, caving and orienteering again providing the children with an opportunity to develop, improve their fitness and to try something new.
- Pre Covid, children in Year 3, 4 and 5 swam once a week in the Autumn and Spring term. Post Covid, swimming is now going to be taught in school for the academic year 2022- 2023. Pupils will have weekly swimming lessons over the course of a 3-week period.
- To ensure that children are active for at least 60 minutes a day which is a Government recommendation, the children will take part in the daily mile or Jump start Jonny to get their active minutes in.

### Impact

The impact and indicator of our strong P.E curriculum is to ensure that all children are equipped and able to have accessed an exciting, skills-based curriculum, ready for their progression into Key Stage 3. Our children will develop positive attitudes to participate in physical activities, lead healthy lives and become role models for the future. Children will gradually develop a knowledge and enthusiasm for physical activity and understanding what it takes to succeed. They will have acquired and developed different skills through independent and group activities with increasing physical awareness. Children will be able to take learning experiences and apply them in different competitive

situations showing core-social values including fairness, respect and teamwork. Pupils will also be encouraged to evaluate and share reasons on how to improve their own or others performances. Through the explicit teaching of the PE skills, both the teachers and the pupils assess their learning continuously throughout the lesson. Our assessment systems enable teachers to make informed judgements about the depth of their learning and the progress they have made over time. By having high expectations embedded throughout Baldwins Gate Primary School, children will leave our school ready to live happy and healthy lives utilising the skills and knowledge acquired through PE.